

# The Newsletter

## October 2018

### Memorial United Methodist Church

6100 Berkman Drive Austin TX 78723

Rev. Cynthia Kepler-Karrer - Pastor

**Feeding Northeast Austin, body, mind, and spirit in the name of Jesus.**

#### *Sunday Schedule*

Sunday School 9:15-10:00 a.m.

Worship - 10:30 a.m.

Web site: [www.memorialumcaustin.com](http://www.memorialumcaustin.com)

Find us on Facebook at

Memorial United Methodist Church-Austin

Email:

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## October 2018

### PANCAKE BREAKFAST

2nd Sunday October 14th



8:30 AM

In the gym

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### Bread Church

English

Muffins



Oct. 18th 7pm

Gym Kitchen

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### Wednesday

October 31

5:30-7:30 PM



Volunteers and  
Candy are Needed!

## News From Pews



**By Billie Nixon  
Membership  
Coordinator**



George Thomas Berglund, 86, of Austin, Texas passed away on Monday, August 13, 2018. He was born to Reynold and Margaret Berglund in Bay City, Texas.

He was preceded in death by his four older siblings, Reynold Jr, Elizabeth, Kenneth and Billy. He graduated from Bay City High School, enlisted in the Navy and spent almost four years aboard the USS Wright where he learned aircraft maintenance and many other skills. After the Navy, he attended Texas A & M for a year and then he started working for the Department of Defense at Ellington AFB and Bergstrom AFB where he was a member of the Air Force Reserves 924th CAMS. His career in aircraft maintenance spanned almost forty years and he achieved the rank of Chief Master Sargent.

He had a passion for excellence in what ever he did and believed that "anything worth doing was worth doing right the first time." He had a strong work ethic, a high energy level, and a mechanical mind that he used to develop and invent solutions for all kinds of problems. He could repair almost anything.

He is survived by his wife of 61 years, Syble; two daughters, Teresa (Bill) Little and Karen Hobbs; grandson Neal(Tonya) Little; two granddaughters Kelly Little and Abbey Hobbs; sister in law Nancy McCalmon and many beloved nieces and nephews.

He was devoted to his family and was an outstanding husband, father and grandfather. He enjoyed helping his neighbors, fishing, sailing, animals, sports and working on his car.

He lived a wonderful life and told us many stories of his childhood with his family and friends growing up in South Texas and his time in the Navy sailing the oceans. He was dearly loved and will be missed.

"Dede" Glynda Darlene Nixon of Round Rock, TX was born October 9, 1948 in Hereford, Texas and passed away at Hospice of Austin's Christopher House on August 28, 2018.

A Celebration of Life service was held on September 15th 2018 at Journey Bible Fellowship in Leander Texas at 10:30am.



Dede was a loving mother and a loyal friend. She was well-liked and respected and touched many lives in different ways. She led a very active life and enjoyed it to the fullest. She was fun and witty, quick to laugh and enjoyed a good beer right up to the end.

The family would like to thank every person who came to visit Dede with encouragement, love, prayers, songs, stories, treats, dinner or beer over her last three months. A heartfelt thanks to the attentive staff at Christopher House for their compassionate and gentle care.



**Bible In Fellowship meets the 1st Tuesday of every month at 10am in the Pearce Room**

**Reading & Library meets the 2nd Tuesday of every month at 10am in the Children's Library**

**Widows Helping Others WHO! meets the 4th Sunday each month after service in Pearce**

**All Are Welcome!**



## Worship Readers Wanted

We are constantly seeking people who would like to participate in worship by reading scripture or offering the Prayers of the People. We believe that the more voices we hear, the more we understand that liturgy is the work of all the people--not just the pastor and choir.

If you would like to receive more information about doing this and get on the schedule please contact Connie Tatom 512-923-3977 to volunteer to read scripture and prayers on Sunday during worship.

### ATX CROP Hunger Walk Celebration



On Sunday, September 9<sup>th</sup>, the Austin Walk celebrated 2018's fantastic event. We recognized our "Cream of the CROP" congregations and also several individuals for their commitment to ending hunger through the CROP Hunger Walk. The 2018 event raised \$79,473 – a dramatic 9% increase over the 2017 total of \$72,883!

And those dollars became a source of life for thousands of people. In West Timor, Yabes had no clean access to clean water and so her daughter was often sick. Thanks to the generosity of Austin's CROP Hunger Walkers and donors, CWS was able to install a protected water source in her community. Now Yabes is not only growing food for her family but selling surplus vegetables and raising chickens and eggs and even saving money to build her own latrine.

I want to thank Memorial and Pastor Cynthia. Indivisible 25 – East is among the many community organizations you host here at MUMC. The group was looking for a service project and Pastor Cynthia connected them to the Walk. We recognized "Indivisible" as a first-time Walk participant -- our "Rookie of the Year" – during the Sept 9 celebration. Thanks be to God for connecting us through your generosity as a community center and host!

Kevin Murphy, Community Engagement Specialist  
Church World Service

Do you enjoy making bread from scratch? Have you always wanted to learn how to make your own, but are just a little intimidated by the process? Want to hang out, learn some new recipes and think about the way that God works on your spirit?



**Bread Church**  
**English Muffins**  
**Thursday Oct. 18th**  
**At 7pm In Gym**

### Boy Scout Troop 88



Memorial Methodist Church moved from downtown Austin in 1957. They were located across the street from the Capitol on the north side. The church moved way north to 6100 Berkman Drive. Carey Jourdan and a couple of other men in the church started a Boy Scout Troop. The troop grew each year and became one of the leading Troops in the Tejas District of the Capitol Area Council of the Boy Scouts of America. The troop was given the #88. Troop 88 earned many awards for outstanding Troop in the district. It produced many Eagle scouts throughout history and had many dedicated Scout Masters during that time. To raise money they operated a food booth at Memorial Stadium during football games.

In 2007 Troop 88 members were given a special patch to be worn on their Scout uniform that indicated the troop had been continuously registered for 50 years. Very few troops are able to remain registered for that length of time to earn that award. Troop 88 was able to remain operational for 59 years. Sadly we were unable to recruit enough boys to remain registered with the Boy Scouts of America. We had to close our doors to Scouting in December of 2017. All the scout equipment the troop had was donated to the scout office to be used at camp or for use by underprivileged troops. The remainder of the Troop 88's funds in the amount of \$12768.13 were donated to Memorial United Methodist Church to be used for youth programs in the future.



Help deliver meals to your homebound neighbors! Weekday Volunteer Drivers and substitutes needed; delivery routes take one hour or less; additional sites open all over Austin.

Thank you,

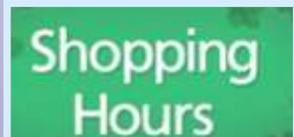
Emma Roberts

Volunteer Recruitment Specialist

3227 East 5<sup>th</sup> Street

Austin, Texas 78702

p. 512.476.6325 x 145



Wednesdays  
11am-1pm  
and Saturdays  
9am-11am



Monday,  
Wednesday,  
Friday  
10am-1pm &  
Saturdays 8:30am-11am

In Gym (not the office)



## Volunteering, What Stops You?



We all know someone who seems to volunteer for endless causes. At the other end of the spectrum, we all know someone who never volunteers. There are many reasons why some people choose to volunteer and why some people don't. People may choose to volunteer because they feel called to the work or feel passionate about a cause. Perhaps, there is an emotional reason that brings someone to an organization. Why do you volunteer? What reasons stop you from volunteering? Time constraints? Fear? Poor health? Lack of knowledge of an organization? No desire?

I met a man who volunteers about 600 hours a year with a local organization. I asked him why he chose to volunteer so much. He said, "It keeps things in perspective for me. It keeps me young and it gives me purpose. I get aggravated when I see able people sitting around." This man is 82 years young! He has not let his age stop him from volunteering. We may not be able to volunteer this amount of time, but perhaps we could give a little bit more than we are currently giving.

One of Senior Access' volunteers admits she "is kind of scared of old people." Yet, she found herself being called to volunteer with us. She went through the training and scheduled her first ride. Afterwards she shared, "My time with Mrs. A was really so brief, but my heart was so full from spending time with her. How was that possible? It was obvious that Mrs. A couldn't remember some things, but what she could remember is how good it felt to be with people. She wanted more of that! It was clear to me, we just weren't designed to be alone. We were created to be in community....community with our loved ones, our neighbors, and beyond. Mrs. A needed me, but I was most surprised at how much I needed Mrs. A." This volunteer didn't let her fear stop her from volunteering.

Senior Access is asking you to Fall into Action this October. Set aside your reasons of why not to volunteer and ask yourself instead, "How can I Fall into Action to help my senior neighbors?" Volunteer to drive them to doctor appointments, grocery stores, church, libraries, or anywhere they need to go! As you Fall into Action this month, take a moment to assess what you already do; then, see where you might do a little bit more. Your senior neighbors will be so grateful and you may just feel a little better yourself.

To Fall into Action and volunteer with us, contact Sherrie at 512-310 1060 or [vr@senioracesstx.org](mailto:vr@senioracesstx.org).

## Pastor's Corner



<sup>31</sup> Therefore do not worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' <sup>32</sup> For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. <sup>33</sup> But strive first for the kingdom of God<sup>[U]</sup> and his<sup>[m]</sup> righteousness, and all these things will be given to you as well.

Matthew 6:31-33

Several months ago, a friend offered me a code to take a month's worth of fitness classes for free. I looked into the program, which has become very popular in Austin and in many cities in Texas. It's called Camp Gladiator, and it's basically an outdoor bootcamp, running 4-week "camps" with unlimited hour-long workouts.

It was July. It was outside. I was about to enter the code when I felt a twinge in my back and thought, "Do I really want to do this? I mean, I would like to get in shape, but is this really the way? In this weather? And don't I feel my back about to give out?"

In fact, I had pulled a lower back muscle, which would have kept me out of camp for the first two weeks anyway, so it was good that I didn't get a chance to use that code.

But then along came August. I found myself signing up for a special deal, thinking "It will be cooler now," and I was all set. I got my workout mat, my water and my weights and headed off for the first session.

And I was thoroughly winded after the WARM UP. As I was sucking down air and trying not to throw up, the trainer came up and told me what was going on in my body. He said, "You're going to need to take it easier and concentrate on breathing today. But if you give me three times a week for the next 4 weeks, you'll see a difference."

That was the hardest workout except for coming back to the next one—mostly because I had some idea of what I was about to put my body through! But 3 1/2 weeks in, he was right. I am seeing a difference.

I have worked with two other trainers in the program,

and both of them were very good salespeople. They talked about signing a longer-term commitment and the cost-benefits of getting in shape. I had heard it before—just give us this much money, and look at the difference it will make in your health!

But that first trainer was right. He asked me to give him a commitment...to show up and to try and to keep breathing deep. We think of that as easier than handing over our money, but it isn't. Showing up and staying committed, even when it's hard, even when you don't feel like doing it, even when you're not sure you can do everything that someone asks—that's much harder than swiping a credit card.

Jesus asks us for the harder commitment as well. It's easy to worry about everything. To worry about the future. To worry about our health. To worry about our ability to maintain our lifestyle or even to pay for basic things. To worry about our kids or grandkids. Worrying is easy, but it ends up being hard on us because it means we're putting a lot of energy into something that's fruitless.

During October and November, the church typically starts talking about our budget for the next year and stewardship. But I'd like us to think about those in a bigger picture. What does it mean to strive for the kingdom of God with EVERYTHING we have? What time will that demand of you? What commitment? What comes along with that?

Keep breathing. If you keep connecting with God and with the Body of Christ, I can say that it *will* make a difference...an eternal one.



### Wednesday Rehearsals

### Choir @ 7:00 pm



# OCTOBER CALENDAR

**There are several ongoing events and new events that may not be listed. Please check the building use calendar or with the office if you need to reserve space.**

**\* Starred \* Events Happen Each Week**

\*10:30-1:30 Mon-Fri. Meals On Wheels-Gym Kitchen

**Monday October 1**

\*10:00am-1:00pm FreeStore Donations - Gym

\*7:00pm Austin Harmony - Choir room

**Tuesday October 2**

\*9:30am-12:30pm English Class - FHL

10.00am Bible In Fellowship - Pearce

**Wednesday October 3**

\*10:00am-1:00pm FreeStore Donations - Gym

10am-1:30pm Voter Registration - Gym

\*11:00am-1pm FreeStore Shopping - Gym

\*7:00pm Choir Rehearsal

**Thursday October 4**

\*9:30am-12:30pm English Class - FHL

**Friday October 5**

\*10:00am-1:00pm FreeStore Donations - Gym

\*6:30pm Girl Scouts Believer's Room & Gym

**Saturday October 6**

\*9am-11am Free Store Shopping& Donations - Gym

**Sunday October 7**

9:15am Sunday School for all ages

10:30am Worship Service

**Monday October 8**

**Tuesday October 9**

10:00am Reading & Library - Children's Library

6:30pm Wesley Board - Pearce

**Wednesday October 10**

6:00pm-10:00pm Candidate Forum - Gym

**Thursday October 11**

7:00pm Austin Ukulele Society - Gym

**Friday October 12**

**Saturday October 13**

10am Windsor Park Neighborhood Assoc. - FHL

**Sunday October 14**

8:30am Pancake Breakfast - Gym

9:15am Sunday School for all ages

10:30am Worship Service

11:30am Trustees - Pearce

**Monday October 15** Nov. Newsletter Content Due

6:30pm Finance Team - Pearce

**Tuesday October 16**

6:00pm Crop Hunger Walk - NEW Room

**Wednesday October 17**

**Thursday October 18**

7:00pm Bread Church - Gym

**Friday October 19**

**Saturday October 20**

**Sunday October 21**

9:15am Sunday School for all ages

10:30am Worship Service

11:30am Leadership Team - Parlor

**Monday October 22**

**Tuesday October 23**

**Wednesday October 24**

**Thursday October 25**

**Friday October 26**

**Saturday October 27**

**Sunday October 28**

**Guest Speaker: Kevin Murphy**

11:45am Widows Helping Others - Pearce

1:30pm-3:30pm Girl Scouts - Believer's Room

**Monday October 29**

**Tuesday October 30**

**Wednesday October 31**

5:30pm-7:30pm Trunk or Treat - Parking Lot

\*Please Note that these ongoing events are in the same space and on the same day each week, such as: Choir Rehearsal, FreeStore Shopping, Girl Scouts, AH Choral and more.



October

- 1st Clayton Karrer
- 2nd Rachelle Webb
- 4th Syble Berglund
- 5th Frances Beerwinkle
- 7th Clifford Brown
- 10th John William Anton Nixon
- 15th Curt Swenson
- 20th Malena Pomerleau Peterson
- 22nd John Adams  
Sandra Davis
- 25th Ed Owens  
Irene Shelton
- 29th Jo-Ann Bennink



We will be collecting donated funds for school supplies for Harris Elementary in October. Mark your donation with ‘Harris

Elementary’ and drop in the offering plate or in the secretary’s office.



## Schedule Your Building Space Use

Any group wanting to use a room at the church for a meeting needs to make arrangements with the church office. You can make a one-time reservation or an on-going reservation. Check availability at 512-452-5796 or [secretary@Memorialumcaustin.com](mailto:secretary@Memorialumcaustin.com)



## Monday November 5th **7pm at St. Mark's** Charge Conference 2018

We will be having our annual Charge Conference on November 5, 2018.

This year, we will be having a cluster conference along with St. Mark UMC, Pflugerville UMC, and Crestview UMC. The conference will be at St. Mark UMC.

In addition to regular business items of the church, we will also be talking about the new Safe Gatherings and Trusted con Confianza program—our new initiatives for Child, Youth and Vulnerable Adult Safety. Remember that we would like for at least 75% of our congregation to be trained so that we can all keep an eye out for the youth and children in our congregation. Training doesn’t necessarily mean that you will be called upon to teach a class or supervise the youth—it simply means that you care enough about the safety of them that you’re willing to give a little time to make sure you can know what to be on the lookout for!

Before our Charge Conference at 6:00pm, we are currently planning on having a light soup supper at St. Mark. We will let you know closer to the date if we were able to pull that off.

For info on Safe Gatherings go to:

[Www.RioTexas.org/safesteps](http://www.RioTexas.org/safesteps)

# The Newsletter

All Are  
Welcome!



Free Veteran's

Day Concert

November 11th 4pm-6pm

in the Sanctuary

6100 Berkman Dr.

We will take up a love offering for  
Mobile Loaves & Fishes

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